



For Patients & Families with Inherited Heart Rhythm Disorders or Cardiomyopathies

– AVRDC – Brugada syndrome – Long QT syndrome – Short QT syndrome – CVPT – Cardiomyopathies –

The *Comprehensive Genetic Arrhythmia Program* at the University of California at San Francisco invites you to join us for a one-day educational seminar on topics focusing on inherited heart rhythm disorders and cardiomyopathies.

Family Support Meeting – Saturday, January 20, 2018

10:30am – 4:30pm

Cole Hall

513 Parnassus Ave., University of California at San Francisco

Events will include lectures on 11 key topics and an afternoon open-mic Q&A session with a panel of experts:

- **Welcome / Introductions / Program Overview**
 - Melvin Scheinman, MD
- **What are Genetic Disorders?**
 - Robert Nussbaum, MD – Chief Medical Officer, Invitae; Volunteer UCSF Clinical Professor; Past UCSF Affiliations: Chief, Division of Medical Genetics; Faculty Member, Institute of Human Genetics, UCSF
- **What are Channelopathies (Long QT, Brugada, CPVT)?**
 - Melvin Scheinman, MD – Chief of CGAP Clinic; Prof. of Medicine, Walter H. Shorenstein Endowed Chair in Cardiology, UCSF
- **Advances in the Diagnoses and Treatment of ARVC**
 - Frank Marcus, MD – Distinguished Prof. of Medicine; Director of Arrhythmia Services at University Medical Center, Univ. of Arizona
- **Advances in the Treatment of Hypertropic Myopathies**
 - Theodore Abraham, MD – Director of UCSF Echocardiography Lab; Co-director of UCSF HCM Center of Excellence; Professor of Clinical Medicine, UCSF School of Medicine
- **Genetic Causes of Dilated Myopathy**
 - Rahul Deo, MD, PhD – Assistant Prof., Div. of Cardiology, Dept. of Medicine, UCSF; Principal Investigator, CVRI
- **Drugs to Avoid**
 - Kurt Hoffmayer, PharmD, MD – Assistant Professor of Medicine, UCSD
- **Exercise Recommendations**
 - Marco Perez, MD – Director, Stanford Inherited Cardiac Arrhythmia Clinic; Assistant Professor, Medicine – Cardiovascular Medicine, Stanford Medical Center
- **The Pediatric Perspective**
 - Akash Patel, MD – Assistant Professor of Clinical Pediatrics, Dept. of Medicine, UCSF
- **Living with Your Defibrillator**
 - Byron Lee, MD, MAS – Professor of Medicine, Div. of Cardiology, Cardiac Electrophysiology & Arrhythmia Service, UCSF
- **From Patient to Family: Genetic Counseling in Cardiology**
 - Julianne Wojciak, MS, LGC – Genetic Counselor, Cardiovascular Genetics Program Director, UCSF Division of Cardiology
 - Natalie Downs, MS, LCGC – Genetic Counselor, Cardiovascular Genetics Program, UCSF Division of Cardiology
- **Panel Discussion with Questions From the Audience**
 - Moderator: Dr. Scheinman
 - Panelists: All speakers

To Reserve Your Space and Free Box Lunch at the Seminar, Please R.S.V.P. to:

Joan Campagna / Comprehensive Genetic Arrhythmia Program

555 Mission Bay Blvd. S. Room SC252, San Francisco, CA 94143-0794

Phone: 415-476-5409 E-mail: joan.campagna@ucsf.edu Visit our website at <https://cardiology.ucsf.edu/research/programs/cgap/>

There is no charge for attending the meeting. Children should be over age 13.

over >>>

Driving Directions to UCSF

Parking in UCSF garage, daily maximum = \$32.00; Disabled parking rates = \$6.00 daily maximum

From the East Bay and Oakland Airport

1. Cross **Bay Bridge (I-80 West)**, stay in second lane from right.
2. Exit right on **101 North/Golden Gate Bridge**.
3. Get in left lane and exit to **Octavia Blvd./Fell St.**
4. Turn left on **Fell St.**
5. From **far right lane**, turn left on **Stanyan St.**
6. Turn right on **Carl St.**, which becomes **Irving St.**
7. Turn left into **UCSF Parking Garage** on **Irving St.**

From Marin County (Highway 101 South and 1 South)

1. Cross **Golden Gate Bridge**, stay in far right lane.
2. Exit **19th Ave./Golden Gate Park** onto **CA-1 South**.
3. Go through **Golden Gate Park**, where **Park Presidio Dr.** becomes **19th Ave.**
4. Turn right on **Judah St.**
5. Turn right on **20th Ave.**
6. Turn right on **Irving St.**
7. Turn right into **UCSF Parking Garage** on **Irving St.**

From San Francisco Airport and South Bay (Highway 101 North)

1. Approaching **San Francisco**, stay left.
2. Exit left on **101 North/Golden Gate Bridge**.
3. From left lane, exit to **Octavia Blvd./Fell St.**
4. Turn left on **Fell St.**
5. From far right lane, turn left on **Stanyan St.**
6. Turn right on **Carl St.**, which becomes **Irving St.**
7. Turn left into **UCSF Parking Garage** on **Irving St.**

From the Peninsula (I-280 North)

1. Approaching **San Francisco**, stay left.
2. Exit **CA-1 North** toward **19th Ave./Golden Gate Bridge**.
3. Stay in the left lanes for **19th Ave.**
4. Turn right on **Irving St.**
5. Turn right into **UCSF Parking Garage** on **Irving St.**

Where to Park

Street parking is available for free on surrounding residential streets, though space is limited. The UCSF public parking garage is open 24/7 and handicap accessible. If you park there for the event, parking will cost between \$28.00-32.00.

San Francisco MUNI (Public Transportation)

Cole Hall is accessible via Muni streetcar line N-Judah, which stops at Second Avenue and Irving Street. The following Muni bus lines stop right in front of the hospital: 43-Masonic and 6-Parnassus. The N-Judah and 43-Masonic routes are wheelchair accessible. For more information see the Muni website at www.sfmuni.com.

How to Get to Cole Hall

Cole Hall is in the lobby of the Medical Sciences building, 513 Parnassus Avenue, across the street from the parking garage. Note there are 2 entrances to the Medical Sciences building, both numbered 513; you want the left-most entrance. Once in the lobby, follow the signs for the event. If you need handicap access please contact Joan Campagna directly.

